



# District 6 DISPATCH

Serving the upper Methow Valley from Gold Creek to Lost River - WINTER 2019

## READY FOR ANYTHING?

**We live in the land of fire and ice. And, being prepare for the unexpected storm or fire can be critical. Take this quick survey and see how ready you are!**

- My **street address number** is posted where EMERGENCY RESPONDERS can easily see it, even on a dark and stormy night.
  - Everyone in my home knows it by heart.*
- I have at least 1 **working smoke detector** on every level of my home.
  - Every detector has been tested sometime in the last 30 days.*
  - Every detector battery has been replace in the last 12 months.*
- My family has an **emergency home exit plan** in case of fire, which includes our family meeting place outside.
  - We have an evacuation plan in case of fire or flood.*
- I have a **working flashlight** that I can find, even in the dark!
  - I also have one in my vehicle.*
- I have a **First Aid kit** /supplies stored in one place and ready to go.
  - At least one member of my household knows Basic first aid.*
- I have an alternative **heat** source. *Even a space blanket will do.*
- Someone in my home has had **CPR** training in the last 2 years.
- I have a **phone that works when the power is out.**
  - I have posted important emergency numbers near the phone.*
- I have a working, **battery-powered radio** to get current info.
- I have **3 days of stored drinking water** - a gallon per person day.
- I have **emergency food** ready for a power outage or disaster.
- I have a **fire extinguisher** and can quickly get to it in case of fire.
  - I have checked the gauge in the last 12 months and know it is charged.*
- I have a **trusted person** that can check on my family/home if needed.

### Be ready to Stay

- Have your supplies assembled in an easily accessible place.
- Have a communications plan. Keep informed on the newest developments.
- Be prepared to help yourself and your loved ones for an extended period of time if the disaster is widespread or you become isolated.

### Be ready to Leave

- Post a written emergency exit plan for your home. Include a meeting place outside.
- Have a plan if you must leave your home and your area. Include a family meeting place outside your neighborhood if possible.
- Make arrangements for pets. Many emergency shelters do not allow animals.
- Have your disaster supplies with you when you go.
- Be prepared to stay-away for an indefinite amount of time.

### Be ready to Help

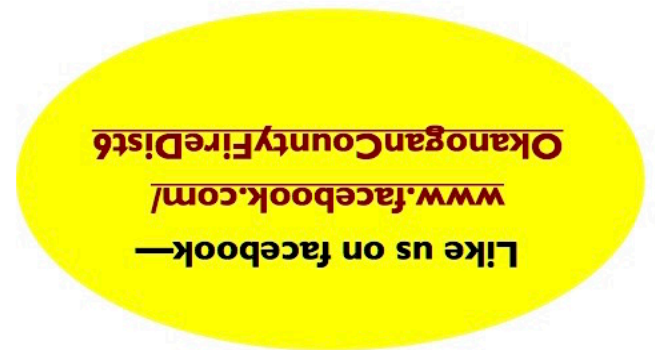
- Create a communication plan so everyone can be informed.
- Work together. Start with a person you trust that will check on you and your family in the event of an emergency or disaster.  
Be ready to return the favor.
- Stay prepared. Don't become part of the problem.

# Many of us depend on our cell phones everyday - so what do we do when that tool isn't available? Have a plan!

- Keep a paper copy of your important numbers and contact info
- Have an alternative way to charge your phone, such as a car or solar charger
- Know where you can find land-lines, such as a neighbor, business or emergency office
- If signal strength is low, a text may work when a phone call doesn't



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